SJCS LUNCH

2023-2024 School Year

Week 1

MON	Chicken nuggets Cooked carrots/celery Goldfish crackers Fruit
TUE	BBQ meatballs Soft pretzel Corn/veggie pasta Fruit
WED	Quesadillas Black beans Cucumbers Fruit
THU	Chicken pot pie Mashed potatoes Broccoli Fruit
FRI	Pizza Romaine salad Fresh peppers Fruit

Week 2

MON	Chicken fried steak Green beans/carrots Roll Fruit
TUE	Sloppy Joe's Baked beans Celery w/pb Fruit
WED	Grilled cheese Tomato soup Cucumber salad/corn Cookie Fruit
THU	Cheeseburgers Fries Red peppers Fruit
FRI	Pizza munchers Broccoli Peas Fruit

Week 3

MON	Hot dogs Chips Baked beans Potato salad Fruit
TUE	Marinara Mostaccioli pasta w/ meatballs Garlic bread Romaine salad Cucumbers Fruit
WED	Meatloaf Cornbread Green beans/carrots Fruit
THU	Popcorn chicken Peas Fresh peppers Fruit
FRI	Fish Sticks Mac & Cheese Broccoli Fruit

Week 4

Walking tacos Refried beans Celery Fruit
Salisbury steak w/gravy Cucumbers Green beans Roll Fruit
Chicken patties Corn Carrots Fruit
Corn dogs Potato smiles Fresh peppers fruit
Bosco Sticks Broccoli Fruit

Week 5

Mon	Chicken tenders Cheese it crackers Corn/cucumbers Fruit
TUE	Biscuits and gravy Sausage patty Hashbrown/cherry tomatoes Fruit
WED	Ham and cheese sandwich Mixed veggies Carrots Fruit
THU	Beefy nachos Fiesta beans Fresh peppers Fruit
FRI	Cheesy pull aparts Romaine salad Fruit

Week 6

Mon	Pulled pork BBQ Baked beans Broccoli Fruit
TUE	Meatball sub Green beans Cucumber salad Fruit
WED	Lasagna roll ups Garlic bread Cooked carrots/romaine salad Fruit
THU	Chicken and noodles Peas Tomatoes Fruit
FRI	Fish sea shapes Coleslaw/corn Hushpuppy Fruit

*MENU SUBJECT TO CHANGE

*MILK OFFERED DAILY

*CEREAL OFFERED DAILY

FOOD ALLERGY NOTICE

This menu may contain the following:

Wheat, Gluten, Eggs, Dairy, Soy, Fish, Nuts, and Food Dyes. If your child has any known allergies to these, please send alternate breakfast and lunch options.